

JOY, GENTLENESS & PEACE

Philippians 4:4-9

October 14, 2018

Philippians wasn't written as a theological textbook, but as a guide to enjoying the blessings of life in Christ.

I. Three “to do’s” and one “remember.”

- Rejoice – IN THE LORD!
Philippians 4:4

 - Gentleness flows from lives that rejoice in the Lord.
Philippians 4:5a

 - We live in the presence of our Lord.
Philippians 4:5b; Joshua 1:9; Philippians 4:13; Matthew 28:20
- #### **II. The impossible command: Quit worrying.**
- Paul was “anxious for nothing,” but still had concerns at times.
Philippians 2:25-27; 2 Corinthians 7:4-6

- Ask what you want, and be thankful.
James 4:3

III. Rejoicing, gentleness, and overcoming worry call for good “input.”

- If we want to grow as in verses 4-7, we have to cultivate the virtues of verse 8.
Philippians 4:8

- If it doesn't meet the Philippians 4:8 test, we should delete it, “hide this post,” or unfollow it.

When we embrace this passage, we will be salt and light to the world.